

Main telephone numbers:

In an emergency you should phone **112**.

If there is not immediate danger, call the general number: **0900-8844**.

Other telephone numbers:

Emergency at the Race Track (Len Alofsen): +31 (0) 6 542 945 65

Ariane Cross organisation (Anneke Donker): +31 (0) 6 537 361 67

Amsterdam Tourist Assistance (ATAS): +31 (0)20 625 32 46

Police Lost & Found Department: +31 (0)20 559 30 05

Emergency Department (VU hospital) +31 (0)20 444 36 36

Time Registration with ChampionChip

Every athlete participating in the Ariane Cross 2007 will receive a (black) ChampionChip that will be used for time registration. After your race (or races if you take part in the relay) you must return the ChampionChip to the organisation. Below you find some additional information on how to use the ChampionChip.



How to attach the ChampionChip?



The reading distance of the ChampionChip System is limited. The antennas are embedded in the red mats at the finish line. Therefore the chips should be located as close to the mats as possible. The chip should preferably be attached to the shoelace. Loop a single lace through the square holes of the ChampionChip and pull it tightly to the shoe. The best position is the lowest part of the shoelace, as close as possible to your toes. But you can also use the upper part of the shoelace, close to the knot, for easy removal

and return of the chip after the race(s). Do not tie the chip into the lace; when this comes loose, the chip may easily be lost. When attached to the shoelace, the central tube of the chip should be pointing in the "running direction".

For more information about the ChampionChip:

<http://www.championchip.com>

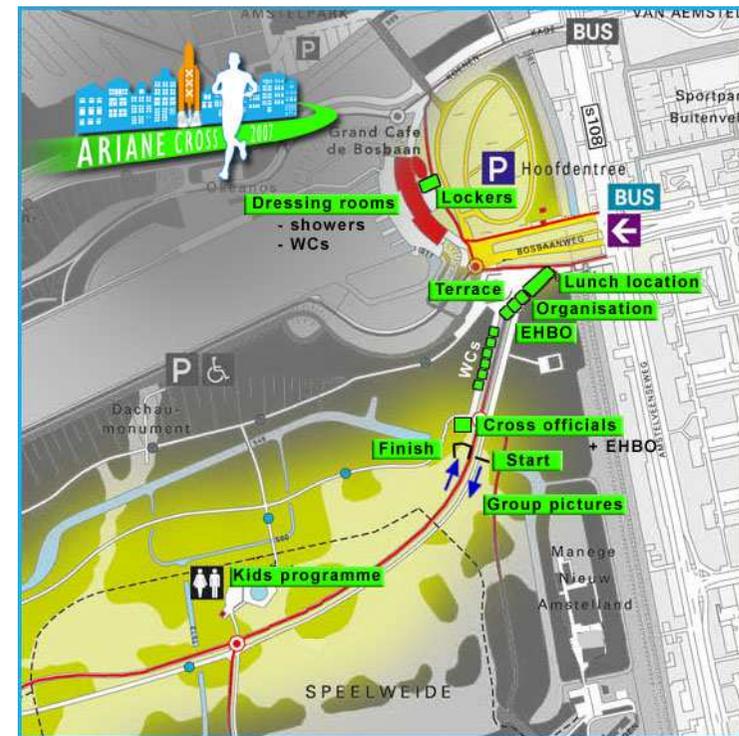
Please check that the code on your chip corresponds to the code that is printed on the envelope in which the chip is provided. Inform the organization in case of problems.



Dear participants,

In this flyer you can find the latest information about the race track, about the directions to the Amsterdamse Bos by own travel, main addresses, telephone numbers and details about the time registration.

Detailed map of the start/finish area



Note: EHBO = First Aid

How to get to the Amsterdamse Bos?

By car

From Rotterdam/Den Haag: Take the A4 to reach the A10.
From Utrecht: Take the A2/A9 to reach the A10.

The Amsterdamse Bos is a few minutes from the A10 ("ring Amsterdam") **exit S108** (direction Amstelveen, VU Hospital) .

1. At the traffic lights, turn left.
2. After 800 meters, turn right (Amsterdamse Bos is indicated)
3. Take the first road on the right (main entrance)

Parking at the Amsterdamse Bos is FREE. At the main entrance a large parking area can be found on the right hand side, the Ariane Cross location will be on the left hand side.

By Public Transport

Preferably buy a "strippenkaart" at the station or ask the hotel where to purchase one in your neighbourhood.

City Buses: The following buses take you to the Bosbaan: 142, 166, 170, 172. Ask the driver to stop near the Bosbaan on the Amstelveenseweg.

Tram: Take tram 5 from the center in the direction of Amstelveen. Get off at the A.J. Ernststraat. It's a 10 minute walk westwards from there.

Metro: Take metro 51 in the direction of Westwijk. Get out at the A.J. Ernststraat. It's a 10 minute walk westwards from there. You can also take metro 50 to the station Amstelveenseweg. From the platform, follow the sign for the Olympische Stadion. Once at street level, follow the sign for the Amsterdamse Bos. The Ariane Cross location will be on your left after a 10-minute walk.

Train: The closest railway station is Amsterdam Zuid/WTC. From there take one of the buses mentioned above two stops to the Amstelveenseweg.

Map with different routes



Main addresses:

Race Track: The Amsterdamse Bos

Bosbaanweg 5
1182 DA Amstelveen

Technical Excursion: National Aerospace Laboratory NLR

Anthony Fokkerweg 2
1059 CM Amsterdam
tel. +31 (0)20 511 31 13 (reception)

Evening Event: Claus Event Center

Kruisweg 1405
2131 MD Hoofddorp
tel. +31 (0)23 556 00 55 (reception)